

## What is Marudo?

The name "Marudo" is derived from two Japanese words... "Maru" and "Do".

**MARU** (Japanese)...

In Japanese the word "maru" is a noun meaning "circle" or "round". It can also have the meaning of "perfection" or "full circle". The word maru is often used as a suffix, sometimes attached to Japanese ship names.

**DO** (Japanese)...

In Japanese martial arts culture, the suffix 'do' transforms a sport into an art and indicates that some philosophy and correct moral discipline is intrinsic to it. For the Japanese, "do" is an experiential term in the sense that the practice (the way of life) validates the discipline cultivated through a given art form.

**"MARUDO"** - The way, or life, of the full/complete/perfect circle of martial arts... in other words, the "Full Circle Style"

The concept behind the Marudo system was derived through over 30 years of experience in both hard style karate and soft style kung fu, with a comprehensive focus on kata (forms), kumite (sparring), weapons, academics and other principles of character development for everyone... at any age.

The Marudo Martial Arts System begins by giving the student a solid foundation in hard style karate based primarily in styles such as Seiei Kan Karate, Gojo Ryu, Shotokan and others. Throughout the students training they will be introduced to the contrasts that their hard style system has vs soft style principles, but they will not be fully trained in both disciplines until later in their FCMA career.

Upon reaching Brown Belt training and developing a strong foundation of basic movements, the soft style disciplines are introduced and trained more heavily to begin rounding out the students understanding of martial arts.

By the time the student reaches Black Belt they will be exposed to a variety of complex soft style principles and will be required to begin learning how to develop their own movements and kata, incorporating both hard and soft style principles. We believe that this exposure to both "types" of martial arts keeps one's mind open and helps them to mold their martial arts expertise to fit their unique personality and body type. This exposure to both worlds helps them to mature and truly come "full circle" in their martial arts life.

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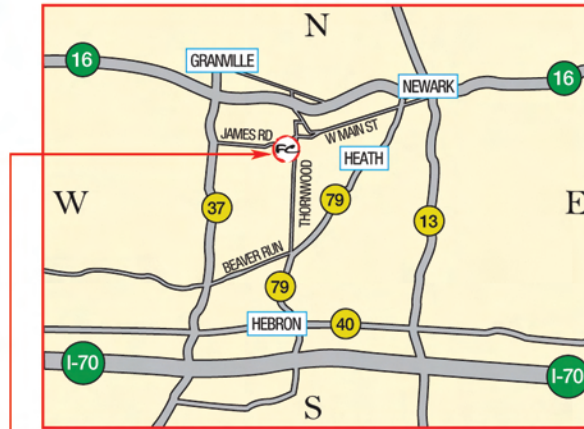
**FULL CIRCLE  
MARTIAL ARTS ACADEMY**

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Centrally located between Granville, Newark, Heath and Hebron



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## Welcome to Full Circle Martial Arts

FULL CIRCLE MARTIAL ARTS ACADEMY offers a comprehensive holistic approach to martial arts, personal training and character development. We offer a variety of programs for everyone from toddlers to senior citizens in both class and private settings.

Our instructors provide world class teaching by drawing on experience and techniques in hard style Karate, soft style Kung Fu, Cardio Kickboxing and a variety of other disciplines. Our goal is to utilize focused training and personal commitment to help every customer to come "full circle" and experience their true potential in mind, body and spirit.



## The FCMA Staff

The Staff at FCMAA is made up of a team of talented instructors with a variety of experience, training and unique skill sets that provide our students with the most balanced and complete approach possible for their martial arts learning experience. With over 80 years of combined experience, the team works together like a well oiled machine to address each student as an individual, finding the specific tools required to reach each student to help them best fulfill their own personal potential.

At FCMA we look at all the members of our dojo as part of our martial arts "family" and treat all students with honor and respect, as we require them to do so of their fellow classmates and instructors. At the end of the day we realize that without our students, our dojo is just a building and we will always strive to put our students first in every decision we make.



## The FCMA Head Instructor - Master Tom Pierce

Beginning his martial arts career in 1981, Master Tom Pierce began training under Rick Lippincott in the style of TAI Kung Fu, a soft-style system with roots in Wing Chun, Kenpo and various other styles.

After becoming an instructor and partner in a TAI Kung Fu school on the East side of Newark, OH, Master Pierce spent several years perfecting his art and ultimately moved on to begin training in hard style Seiei Kan Karate at Annarino's Martial Arts, where he obtained Master Rank (5th Degree Black Belt) and was the school's head instructor for over a decade.

With over 30 years of experience, several championships and winning several gold and silver medals overseas as a member of AKJU Team America, Master Pierce developed the style of Marudo Karate, which is the primary system taught at FCMA.

Marudo is the culmination of Master Pierce's three decades of both soft and hard style martial arts, drawing from the best of both those worlds to come "Full Circle" into a new system that fully expresses the core of his martial arts experience and skills.

## COMPREHENSIVE MARTIAL ARTS & FITNESS INSTRUCTION

### KARATE CLASS SCHEDULE:

Lil' Dragons (3-5yrs): M & W 4:30-5:00pm

Children (6-11yrs): M & W 5:30-6:30pm

Adults (12yrs & up): M & W 7:00-8:30pm

Private Lessons available by appointment

Call for info on our other programs



## Benefits of Training at FCMA

- Cardio-Fitness
- Flexibility
- Balance
- Coordination
- Self-Defense Skills
- Sport/Competition
- Focus
- Discipline
- Respect
- Courage
- Humility
- Self-Confidence
- Improves Study Skills & Grades
- Improves Other Sports
- Fun!



## More Reasons to Choose FCMA

- **No Contracts!** Pay by the month.
- No association fees or annual dues
- Strict, disciplined structure and mentoring
- Unique, personalized instruction for everyone
- Family atmosphere
- Programs for disabled and special needs
- Instructors that truly care about every student
- Outstanding Little Dragons & Youth programs
- Special programs for seniors